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### Akashic Alliance™: “Discover Your True Focus for 2016!”

by Rev Sandra L Gelinas

Wishing you had a guaranteed method that would clearly show you the primary energies available to you each calendar year? Like to discover this in just a minute? Would you also like to easily explore milestone years in your past or peek into potentially key years your future?

Numerology can do all of this and this article will quickly show you how to use this powerful tool so you understand what to focus on each year. **Knowing my Personal Year often proves to be an invaluable piece of information in my yearly planning process!** Since it's now January, this is my gift to thank you for reading our Akashic Alliance column and The Magic Happens.

Your Personal Year Number is a strong indication of the trends and circumstances you'll experience during the coming year. **These cycles, based on Universal Year cycles, run concurrent with each calendar year – January to December – regardless of the month in which you were born.** You'll also be the hit of the party when you work out the Personal Years for your friends.



Let's begin. All that's required is a simple bit of addition. Write the month and the day of your birthdate side by side. Then – instead of writing the year of your birth next – write down the current year. (If you normally put the day first and then the month, that's fine too.) As an example, if you were born on August 23 your paper would look like this:

Month	Day	Current Year
8	23	2016

Any time more than one digit occurs (like 23 or 2016), add the digits together until you only have a single digit for the month, day, and current year. **Tip:** In Numerology, the Master Numbers of 11, 22, 33, and 44 normally are not added together to “reduce” to one digit. However, since there are only nine years in a Personal Year Cycle, you must reduce all numbers, even Master Numbers, to one digit to discover your Personal Year.

Now your paper will look similar to this:

Month	Day	Current Year
8	23	2016
8	(2 + 3) = 5	(2 + 0 + 1 + 6) = 9

Then add the single digits together and once again reduce your total to one digit. Our example now looks like this:

<b>Month</b>	<b>Day</b>	<b>Current Year</b>
8	23	2016
8	$(2 + 3) = 5$	$(2 + 0 + 1 + 6) = 9$
8 +	5 +	9 = 22 $(2 + 2) = 4$ <b>Personal Year Number for 2016</b>

Congratulations! Now you know your Personal Year Number for 2016. The following chart reveals the highlights of each Personal Year. The more you're aware of the potential inherent in each year, the more you can tailor your actions to maximize these specific energies. You're now empowered to make the most of your year!

<b>Year Number</b>	<b>Meaning of the Year Number</b>
<b>The 1 Year:</b>	New beginnings, inspired to start new projects, high energy to achieve new goals.
<b>The 2 Year:</b>	Relationships, sensitivity, cooperation.
<b>The 3 Year:</b>	Creativity, motivation, inspiration, possible travel, entertain & be entertained.
<b>The 4 Year:</b>	Hard work, discipline, opportunities, be organized and practical, concentrate.
<b>The 5 Year:</b>	Dynamic change, freedom, unpredictability, often travel, possible change of address.
<b>The 6 Year:</b>	Progress, financial advancement, domestic responsibility, career opportunities, service, may have birth in family or marital issues surface.
<b>The 7 Year:</b>	Contemplation, interest in spiritual / esoteric knowledge, solitude required.
<b>The 8 Year:</b>	Year of harvest, reward, respect, recognition, often financial abundance, be ambitious.
<b>The 9 Year:</b>	Completion, release, transformation, complete all unfinished business, make room for the new.

Since our imaginary person (let's call her Augusta) will be having a 4 Year in 2016, we already know that throughout 2016 she has the opportunity to commit to 12 months of hard work that will require much self-discipline in order for her to take advantage of the opportunities presented. She will benefit greatly from knowing this is a year to focus on being organized and practical while maintaining a high level of concentration.

**TIP for a 4 Year:** When it's your 4 Year, create a plan early in January, put your head down, and get right to work. Embrace the energy of your 4 Year. You'll be so glad you did as you work with, instead of against, the energies of your yearly cycle and then reap the abundance of rewards that come along with every 8 Year!

### Five Tips When Finding Personal Years

1. You can look at any year in the past or the future by adding up your month, day, and particular year figures. Don't forget to find out your personal year for 2017 now so you have some advance notice where you're headed next. It might also be helpful to know your Personal Year for 2015 so you know where you've just come from.
2. People often marry or have a baby in a 2 (relationships) or 6 (responsibility) Personal Year. You might like to check important dates in your past to reveal their Personal Year numbers and open a window into the predominant energies that were available that year.

3. Whatever the Personal Year is of your birth, it's always the same as your **Life Path Number**. (This is a whole different article! Drop me a note and let me know if you're interested in that topic!)
4. Always check your addition, so you know your results are accurate, especially if you're doing this with a loved one or group of friends!
5. Once you have your Personal Year Number, you can journal, meditate or ask your Akashic Records specific questions about how to best interact with the energies now available to you.

### **Make the most of 2016 – whatever your Personal Year Number!**

I welcome you to join with me in my affirmation for January:

***“I now joyfully activate the energies of my Personal Year of 2016 as I blossom into more of who I really am.”***



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Now we've met, I look forward to answering your questions related to accessing and exploring the Akashic Records or other topics. You may email me at [Sandra@AkashicFocus.com](mailto:Sandra@AkashicFocus.com) or find more information at my website: AkashicFocus.com.

### **About the author**



Rev. Sandra Gelinas is a paradigm shifting teacher and pioneering innovator in the field of the Akashic Records. She makes it easy for her clients and students to access and explore the thoughts, words, deeds, emotions, and intentions of their souls. Discover and release current or past life challenges, ancestral issues, detrimental stored emotions, and outdated beliefs, so you can enjoy greater clarity, grace, and ease in all areas of your life. Sandra's 30 + years of metaphysical experience, including a Masters in Metaphysical Ed. and certification in Past Life Regression and Inception Point Therapy®, enhance her work with the Records. During an Akashic session, your thoughtfully prepared questions ensure we reach the heart of what matters most to you.

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