

## January 2010: **Two Ways to Use Your Records as a Professional Resource**

Let's imagine you have already completed Module A, so you have learned to open your personal Records. Just for fun, let's also imagine you're some kind of service provider - a counselor, minister, healing practitioner, life coach, psychic, teacher, etc. How can you incorporate this wonderful new tool into your professional life so you can do your job even better?

Although you cannot open the Records of others yet (that comes in Module B), below are two wonderful ways you could utilize accessing your personal Records to assist you professionally. Incorporating these ideas into your personal Records work will also ensure faster progression in your ability to work in the Records.

### **1. To Augment your Current Personal Spiritual Practice**

You could open your Records each morning to:

- Request assistance, information, or guidance about the different tasks you'll be doing that day,
- Work on releasing any fears or issues you have that hold you back. This is always a rich source of Records work.
- Ask for any clearing you might do regarding your clients to better prepare you to work with each of them, or
- Simply sit quietly in the energy of your Records for a few minutes to absorb the loving support and healing this energy field always holds for you. This allows you to start your day with a "full tank" of positive energy and unconditional love that you can then flow on to others.

Then you could close your Records and go about your day. I know from years of personal experience that your day will flow more easily and gracefully.

### **2. Records Practice at Work:**

You might take this a little further and open your Records once you're at work and ask for the optimum words or most effective healing touch that is yours to give for the highest good of all of today's clients.

- In the beginning it would be easiest to work with each client individually, by privately opening and closing your Records between clients. (It is your choice whether you let your clients know that you'll be working with them guided by your Akashic Records.) With practice, the Method to Open can connect you to your Records in a matter of minutes. Closing is even quicker.
- Eventually, as you get stronger in your ability to be a clear Akashic channel and hold your focus more easily, you'll be able to open your Records at the beginning of the work

day, remain open to any guidance from your Records on all levels of your Being in each session, and then close your Records at the end of the day. You can even set up how you want your Records to work with you each time you open your Records to work professionally with clients.

- The Records are also a wonderful resource if you ever feel you don't have all the answers but are willing to open to a Higher Source. Just silently ask your Records your questions and then notice what you receive.
- If you are a hands-on-healer, don't forget to ask for the Records to work though you with each client, to direct your hands and help you to flow the specific healing energy even more strongly that client could most benefit from receiving today for their highest good.
- You can access your personal Healing Team through your Records and request that they work with your clients and their Healing Teams, if they have one, for the highest good of all concerned.

So there you have two main ways you can utilize accessing your Records as a professional resource. Once you are comfortable with working in your Records in these ways, I encourage you to ask your Records to show you how else you could customize your work in the Records to assist you professionally. That's when the fun really begins!

Oh - you're not a person who works in the healing arts, but perhaps you're a writer or an actor? What about you? Not to worry. You can open your Records to assist you with your latest creative project. This can help you to have greater clarity and recall, find more emotional depth, improve your writing, and/or assist you to be more creative.

No matter what your career or if you're a stay at home parent - being able to access your personal Records can help you to do your life's work better and to be more connected to the Divine in the process.

Till Next Time . . .

Radiance and Love – Sandra

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Rev Sandra L Gelinas  
828-272-6660

[Sandra@AkashicFocus.com](mailto:Sandra@AkashicFocus.com)

Akashic Focus: “Connect Deeply *and Evolve*”